



Peterborough and Stamford Hospitals



NHS Foundation Trust

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Your Trust News

Newsletter for the members of Peterborough and Stamford Hospitals NHS Foundation Trust

Stamford Hospital Investment



The Trust has allocated almost £350,000 towards new equipment and improvements for Stamford Hospital. These include a new MRI interface, refurbished X-ray facilities and clinic rooms, upgrade to the fire alarm and nurse call system and replacement of fabric items with washable surfaces, to improve infection control. Improvements also include a new reception area and visitor car parking.

Improvements to services, in partnership with local GPs and primary care trusts, means GPs can now book MRI and CT scans directly with the Trust and a weekly cardiac rehabilitation service is now available at the hospital. Mandy Renton, General Manager for Stamford Hospital said: "We hope to bring more diagnostic services to Stamford Hospital. Improvement work, such as the forthcoming new X-ray facilities, will help us do that."



Goodbye Paula . . .

The Trust says a fond farewell to Director of Operations, Paula Gorst who leaves the Trust on 19 December after 25 years service. She will be very much missed by her friends and colleagues and we wish her the very best for the future.



The next issue of Pulse magazine (see back page) will include:

- An interview with new Trust Chairman Nigel Hards and
- An interview with new Chief Operating Officer, Rowena Barnes

Friends indeed

Friends of Stamford Hospital are busy raising funds to pay for new equipment for the hospital's gynaecology department. Chairman Dr Michael Dronfield said: "The new equipment, which costs £7,795, will allow findings to be recorded more accurately and provide the opportunity to teach nursing and medical staff. We are all grateful to those who have contributed so far." If you would like to contribute, please contact the Friends of Stamford Hospital on 01778 440200.

The Trust wishes
all its members
Season's Greetings &
a Happy New Year



Message from Nik Patten



Dear Member,

Welcome to the winter issue of Your Trust News.

I am delighted to report significant progress in the last quarter of 2008. In September we officially launched our 2013 Strategy which will guide us through the next five years and shape our quest to become a major healthcare provider in the east of England that is best for patients and great to work for.

Patient safety and quality of care is at the top of the Strategy's list of aims and recently our dedicated infection control teams have worked hard to keep incidences of the winter vomiting bug, under strict control. This is no mean feat and we continue to ask people who visit our hospitals to ensure they follow our infection control guidelines.

The Trust has been beating the government's 18 week referral to treatment target since July, almost five months before the December deadline. This is a tremendous achievement and I am very proud of every member of Trust staff who has gone the extra mile to help us reduce waiting times and improve the quality of patient care.

The Trust has not been without its challenges this quarter. The Healthcare Commission released its Annual Health Check report in October followed by its Hygiene Code report in November. Whilst I was disappointed with aspects of these reports, I am in no doubt that the Trust consistently provides good quality healthcare with high levels of patient satisfaction and I

am determined that ratings we receive next year will reflect the progress we are making.

On a more positive note, I am delighted to announce that the first building in the Greater Peterborough Health Investment Plan has successfully completed its first phase, with the new mental health unit, The Cavell Centre, opening its doors to patients in November. I was also very pleased to escort the Chief Executive of Peterborough City Council, Gillian Beasley and the Chairman of the East of England Strategic Health Authority, Keith Pearson, on a tour of the new Peterborough City Hospital construction site.

We continue to invest in new equipment at our existing hospitals. In addition to the new pharmacy robot installed at Edith Cavell Hospital this year, a second CT scanner will be installed at Peterborough District Hospital in March and new X-ray facilities have been agreed for Stamford Hospital.

As we step into 2009 I thank you for your continued interest and support as a valued member of the Trust and look forward to bringing you further news of our progress as we move closer to the completion of the new Peterborough City Hospital in 2010.

Nik Patten
Chief Executive

Trust launches 2013 Strategy

Feedback from Foundation Trust members, staff and partners helped form the Trust's 2013 strategy which was officially launched at the Annual Public Meeting in September. Nik Patten, Chief Executive, said: "Liaison with our partners was crucial to producing the strategy. One of its main features is about becoming more involved in our local and regional communities. The Strategy focuses on the Trust becoming a major healthcare provider in eastern England that is best for patients and great to work for."

Key objectives of the strategy are to:

- eradicate hospital acquired MRSA in Trust hospitals by 2013
- reduce Clostridium Difficile and other hospital acquired infection rates
- make it easier for people to access services such as; maternity, A&E, outpatients and call centres, so all services are customer centred
- maximise the regeneration potential of the District Hospital site
- integrate Trust services with those in the community
- establish a thriving healthcare campus on the Stamford Hospital site
- establish community satellites in geographically important locations
- assess which services can be centralised and which can be localised
- improve hospital standardised mortality rates
- be in the top 20 per cent of trusts in the national patient and staff surveys

The Strategy's summary leaflet is available to view on the Trust's website at www.peterboroughandstamford.nhs.uk

Trust beats 18 week target

The Trust is delighted to report that it is already meeting the government's new 18 week referral to treatment target, five months before the deadline.

Jointly owned by hospitals and PCTs, the target states that by 31 December, 95 per cent of non-admitted patients and 90 per cent of admitted patients must be diagnosed and treated, or discharged within 18 weeks following referral by their GP. Paula Gorst, Director of Operations, said: "This is a great achievement and members of Trust staff are working extremely hard to ensure this performance continues into 2009. We ask people to work with us to reduce waiting times by making sure they keep appointments, or give the Trust or GP plenty of notice if they cannot attend."

Shining examples

Long standing volunteers at Stamford and Peterborough hospitals had the opportunity to shine at the Trust's annual long service awards on 1 October.

Volunteer Linda Gent, who supports the chapel at Edith Cavell Hospital, received her 25 years' service award and six volunteers each received the 20 years' service award. Volunteer Eileen Pack said: "When I gave up work I wanted to give my time and get out of the house and volunteering appealed to me. I have made lots of friends at the hospital and it is very humbling helping people."

Nik Patten, Chief Executive, said: "Volunteers are highly valued and their dedication and hard work is greatly appreciated by patients and staff. The Trust values all its volunteers, regardless of the amount of time they have served and their contribution is priceless."



Some of this year's long service award achievers L to R (Cath Riddick, Gill Andrews, Eileen Pack, Linda Gent, Syd Nickless, Jean Ayres)

More than 350 volunteers work in a variety of roles at the Trust, where they staff shops, help on hospital wards, direct patients and visitors and assist with catering.

If you would like to become a volunteer, please contact the Voluntary Services Department on 01733 874848.

Help beat the bug

During winter, we experience more episodes of diarrhoea and vomiting and an outbreak of the winter vomiting bug, 'Norovirus', can be challenging to manage.

The Trust follows strict infection control policies to prevent the virus spreading, as part of this we sometimes need to close wards to new admissions. Commonly brought into the hospital via members of the community who have symptoms of diarrhoea and vomiting (D&V), transmission of the bug to others can continue for up to 72 hours, so keeping infection at bay is of utmost importance. As we continue through winter, we ask visitors to help us tackle infections by following these important do's and don'ts:

- Do follow ward visiting times (generally 2-4pm and 6-8pm)
- Do limit visits to two people per patient
- Do perform good hand washing on entering and exiting ward areas
- Don't visit the hospital if you have had D&V or a cold in the past 72 hours
- Don't bring young children to visit patients who have had D&V
- Don't use patient toilets, sit on patient beds or share food

New scanner will cut waiting times

The Trust has purchased a second Computerised Tomography (CT) scanner costing approximately £820,000.

Set to be fully operational by the end of March, the scanner will cut inpatient length of stay by half a day. Rob Heywood, General Manager for Clinical Services, said: "Around 40 patients are CT scanned by the Trust every day – totalling around 14,000

each year. The second scanner will help patients leave hospital earlier, free up bed space and help clinicians begin treatment sooner. Once the second machine is fully operational we expect to be able to scan around 65 patients per day."

Construction update...

The first phase of The Cavell Centre, a new mental health unit run by Cambridgeshire and Peterborough NHS Foundation Trust, opened its doors to patients on 26 November. Angela Broekhuizen, Project Director, said: "A huge team effort has gone into delivering this building and I would like to thank colleagues in all three health trusts and our project partners, Progress Health."



VIPs tour construction sites

The Trust was delighted to welcome Gillian Beasley, Chief Executive of Peterborough City Council and the Chairman of the East of England Strategic Health Authority, Keith Pearson, to see how construction of Peterborough City Hospital and the Cavell Centre is progressing. Gillian Beasley said: "I was delighted to be able to see the progress

being made. The tour gave me a good impression of the quality of healthcare that this facility will provide in the very near future." Keith Pearson said: "The project is great news for the people of Greater Peterborough and the eastern region, as it will deliver modern NHS services in modern buildings."

Donations:

GreenStones early bird bid raises £408 for Amazon Ward

GreenStones Accountants in Peterborough came up with an innovative idea to raise money for the Amazon ward.



Charlie Bull and family present cheque to Amazon staff

Customer Manager David Swann said: "We offered to donate £2 for every customer who returned their tax return information early. 204 customers rose to the challenge and we raised £408. David's nephew Charlie Bull, had meningitis when he was a baby. "Charlie spent a whole month on Amazon ward where he was fortunate enough to be cared for by the ward's wonderful staff," David continued. "GreenStones is a family centric firm and we wanted the money to directly benefit children."

Woodcock's five-a-siders score £200 for Amazon

Woodcock Homes Matthew Driscoll, said: "We raised £105 by organising a five-a-side football tournament, barbeque and bouncy castle and our directors upped it to £200. I wanted to donate money to Amazon Ward as my son was treated there last year for severe appendicitis and was looked after very well."

Erica Crust, Ward Manager Paediatrics, said: "Every donation we receive makes a difference to children and their families. GreenStones Accountants and Woodcock Homes Estate Agents have been extremely generous and innovative in the way they have raised the money. We are very grateful for the donations."



Wayne Beecham and Matthew Driscoll, from Woodcock Homes Estate agents, meet some young patients on Amazon Ward. (Front L-R: Joshua Tyler, aged 6 and Alex Gibb, aged 5)

Meetings in Public 2009

13 January	Board of Governors	4.00pm to 6.30pm	The Cresset, Bretton
15 April	Board of Governors	6.00pm to 8.30pm	TBA
16 July	Board of Governors	6.00pm to 8.30pm	TBA
24 September	Annual Public Meeting	5.00pm to 6.30pm	TBA
13 October	Board of Governors	4.00pm to 6.30pm	TBA

Meeting feedback

Since the last Your Trust News we have held one meeting in public; the Board of Governors on 16 October in Stamford Hospital restaurant, held our Annual Public Meeting on 25 September and a Foundation Trust Members' meeting in Stamford on 17 November.

The Annual Public Meeting was held at Peterborough United Football Club's London Road stadium and the event kicked off with entertainment by local community dance group, Bhangra Beat. This item was aimed at the exercise and healthy living agenda and was part of the Trust's ambitions to recruit more members from Greater Peterborough's minority ethnic groups.

Once the meeting was underway, attendees were told of the Trust's performance for 2007/08 including highlights and lowlights by members of the Trust board. The Trust's governors also formally received and commented on the Annual Report for 2007/08. Next year's Annual Public Meeting will be held on Thursday 24 September.

The Board of Governors' meeting on 16 October included items on the Board development programme, the Stamford Hospital developments and the Foundation Trust Governors' Association respectively.

The Board was also informed about the review of objectives for the Trust's strategy. The next public Board of Governors' meeting is 13 January 2009 at The Cresset, Bretton.

Finally the first members' meeting in Stamford was very successful. It was held at the Lady Anne's Hotel and despite the appalling weather and major road works we were delighted to welcome a good number of FT members and members of the public. Chair of Governors, Peter Morrison, hosted the event and after a short introduction, attendees were invited to network with governors and members of the Trust Board over refreshments while taking in the wide range of information stands about Trust services. After the networking opportunity, the audience were treated to a presentation by consultant ophthalmologist, Alan Fitt, who explained some common ailments to the eye and the various treatments on offer. Finally, the audience were invited to take part in a Q&A session with Trust Chairman, Nigel Hards, Trust Chief Executive, Nik Patten and Director of Nursing, Chris Wilkinson. The Trust is planning to run more members' events next year, so watch out for information in the New Year.

Your Trust News is changing

This is the last edition of Your Trust News as you know it but do not worry - we will still be providing you with lots of news and information from the Trust in 2009.

From next year we aim to improve the information we send to you by utilising popular Trust magazine, Pulse. Pulse has been a favourite among our staff and visitors for many years and we will now include features and stories dedicated to membership news, governors and how you can get involved and have more of a say about your local hospitals. We plan to send Pulse to you four times a year.

This means that not only will you receive membership news as before but will also get to read about Trust members of staff and read more in-depth features about Trust services and news.

As part of the new magazine we will want to feature stories and profiles about Foundation Trust members particularly those

who are getting actively involved in their communities and encouraging others to become members. As a regular feature of the magazine we will be asking for feedback on new services and plans at our hospitals so please take the time to respond as your views are vital to helping us make our hospitals even better.

However, to make sure this is what you want, the first issue will ask you to feedback on the new look magazine – so if you feel it's missing something or can be better please let us know.

Look out for the new Pulse early in 2009



The Trademark of the Forestry Stewardship Council (FSC) indicates that the wood used to make the paper for this issue of Your Trust News comes from a forest which is well managed according to strict environmental, social and economic standards. The forest of origin has been independently inspected and evaluated according to the principles and criteria for forest management agreed and approved by the FSC.



If you know someone who would like to become a member they can register on **01733 875554**

Audio CDs of this newsletter are also available